

“Attending the winter academy from age 8 to 18 gave me the foundation and preparation to make it in college and the big leagues. Couldn’t have made it without your training. Thank you Fred and The Battery!”

Andy Parrino/San Diego Padres



10 week academy gets **12U/10U** players tuned up from late January through late March on hitting, throwing, pitching, bunting, glove work, and the mental side of the game in our 6 cages & 2 throwing/fielding/catching tunnels. Led by Battery staff of professional and college instructors for over 30 years!

10 Week Winter SOFTBALL Academy (girls ages 8 – 12 starts Jan. 19, 2025)

WHEN: Sundays 10:45 - 12:15 at The Battery (lower level of Big M building)

2025 Sessions Jan. 19, 26 Feb. 2, 9, 23 (OFF on Feb 16) March 2, 9, 16, 23, 30

Over 300 Battery trained softball alumni have gone on to play college softball! Space is limited!

Please **fill** in the following information:

Player Name:

Street Address:

City:

ZIP :

Players Age:

Grade:

School:

Parent(s) Name:

Parent email:

Parent Cell Phone:

I wish to register my son/daughter in this program offered by The Battery. I hereby waive and release all rights and claims for damages I may have against The Battery, and its employees for all injuries suffered by my child during participation in the program. **As the parent/legal guardian, I understand it is my responsibility to screen my child at home for Covid-19 symptoms each day before sending them to a training session with The Battery. If my child has any symptoms or has been exposed to someone who recently tested positive, then I will keep my child at home and immediately contact my physician. Players must have their own water bottle, equipment, and adhere to all safety protocols.**

Parent agrees to statement above, write “Yes”:

Date: / /

Contact lead owner/lead instructor Fred Tillinghast on his cell at 585-732-9997 with questions or email training@batterybaseball.com

Cost of the 10 week program is \$350. To secure a spot in this program mail this form and a check with required \$150 non-refundable deposit payable to G+J Battery to:

**G+J Battery
1520 Spencerport Road
Rochester, NY 14606**

Balance of \$200 CASH is due the 1st day in a sealed envelope at check-in with player’s name on the outside of the envelope. This helps speed up check-in on the 1st day of the program. Or just pay in full.

Don’t have access to a printer? You can also screenshot your filled out form and text it to lead instructor Fred Tillinghast at 585-732-9997 or email it to training@batterybaseball.com

SPACE IS LIMITED AND WE WILL CAP THIS TRAINING PROGRAM. SNEAKERS SHOULD BE WORN FOR ALL SESSIONS. OUR FACILITY IS LOCATED IN THE LOWER LEVEL OF THE BIG M SUPERMARKET BUILDING AT 1520 SPENCERPORT ROAD. OUR 6 CAGES AND OUR 2 THROWING TUNNELS ARE CLIMATE CONTROLLED 60-65 DEGREES YEAR ROUND.