

**“Attending the winter academy from age 8 to 18 gave me the foundation and preparation to make it in college and the big leagues. Couldn’t have made it without your training. Thank you Fred and The Battery!”**

**Andy Parrino/San Diego Padres**



15 week academy gets players tuned up from late October through mid-February on hitting, throwing, bunting, glove work, and the mental side of the game in our 6 cages and 2 throwing/fielding/catching tunnels. Led by Battery staff of professional and college instructors for over 30 years!

**15 Week Winter Baseball Academy (Mod, JV, Varsity age starts Oct. 30, 2022)**

**WHEN:** Sunday afternoons 2:15 - 4:15 p.m. at The Battery (lower level of Big M building)

**2022 Sessions** Oct. 30 Nov. 6, 13, 20, 27, Dec. 4, 11, 18 (Off Dec. 25 and Jan. 1)

**2023 Sessions** Jan. 8, 15, 22, 29 Feb. 5, 12 + 19 **Perfect for players 12 – 18 years old!**

Please fill in the following information:

Player Name:

Street Address:

City:

ZIP :

Players Age:

Grade:

School:

Parent(s) Name:

Parent email:

Parent Cell Phone:

I wish to register my son/daughter in this program offered by The Battery. I hereby waive and release all rights and claims for damages I may have against The Battery, and its employees for all injuries suffered by my child during participation in the program. **As the parent/legal guardian, I understand it is my responsibility to screen my child at home for Covid-19 symptoms each day before sending them to a training session with The Battery. If my child has any symptoms or has been exposed to someone who recently tested positive, then I will keep my child at home and immediately contact my physician. Players must have their own water bottle, equipment, and adhere to all safety protocols.**

Parent agrees to statement above, write “Yes”:

Date: / /2022

Contact lead owner/lead instructor Fred Tillinghast on his cell at 585-732-9997 with questions or email [training@batterybaseball.com](mailto:training@batterybaseball.com)

**Cost of the 15 week program is \$480. To secure a spot in this program mail this form and a check with required \$180 non-refundable deposit payable to G+J Battery to:**

**G+J Battery  
1520 Spencerport Road  
Rochester, NY 14606**

**Balance of \$300 CASH is due the 1<sup>st</sup> day in a sealed envelope at check-in with player’s name on the outside of the envelope. This helps speed up check-in on the 1<sup>st</sup> day of the program.**

**Don’t have access to a printer? You can also screenshot your filled out form and text it to lead instructor Fred Tillinghast at 585-732-9997 or email it to [training@batterybaseball.com](mailto:training@batterybaseball.com)**

**SPACE IS LIMITED AND WE WILL CAP THIS TRAINING PROGRAM. SNEAKERS SHOULD BE WORN FOR ALL SESSIONS. OUR FACILITY IS LOCATED IN THE LOWER LEVEL OF THE BIG M SUPERMARKET BUILDING AT 1520 SPENCERPORT ROAD. OUR 6 CAGES AND 2 THROWING TUNNELS ARE CLIMATE CONTROLLED 60-65 DEGREES YEAR ROUND.**